

Sunday January 28, 2024
Fourth Sunday after Epiphany

8:30 AM Holy Eucharist BCP



Welcome & Territorial Acknowledgement

Holy Communion

Collect for Purity *pg. 67*

The Great Commandments *pg. 69-70*

Collect of the Day

Living God

in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

First Reading: Deuteronomy 15.15-20

Every seventh year you must cancel all debts. This is how the cancellation is to be handled: Creditors will forgive the loans of their fellow Israelites. They won't demand repayment from their neighbors or their relatives because the LORD's year of debt cancellation has been announced. You are allowed to demand payment from foreigners, but whatever is owed you from your fellow Israelites you must forgive. Of course there won't be any poor persons among you because the LORD will bless you in the land that the LORD your God is giving you to possess as an inheritance, but only if you carefully obey the LORD your God's voice, by carefully doing every bit of this commandment that I'm giving you right now. Once the LORD your God has blessed you, exactly as he said he would, you will end up lending to many different peoples but won't need to borrow a thing. You will dominate many different peoples, but they won't dominate you.

Now if there are some poor persons among you, say one of your fellow Israelites in one of your cities in the land that the LORD your God is giving you, don't be hard-hearted or tightfisted toward your poor fellow Israelites. To the contrary! Open your hand wide to them. You must generously lend them whatever they need. But watch yourself! Make sure no wicked thought crosses your mind, such as, The seventh year is coming—the year of debt cancellation—so that you resent your poor fellow Israelites and don't give them anything. If you do that, they will cry out to the LORD against you, and you will be guilty of sin. No, give generously to needy persons. Don't resent giving to them because it is this very thing that will lead to the LORD your God's blessing you in all you do and work at. Poor persons will never disappear from the earth. That's why I'm giving you this command: you must open your hand generously to your fellow Israelites, to the needy among you, and to the poor who live with you in your land.

If any of your fellow Hebrews, male or female, sell themselves into your service, they can work for you for six years, but in the seventh year you must set them free from your service. Furthermore, when you set them free from your service, you must not let them go empty-handed. Instead, provide for them fully from your flock, food, and wine. You must give to them from that with which the LORD your God has blessed you. Remember how each of you was a slave in Egypt and how the LORD your God saved you. That's why I am commanding you to do this right now.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Psalm 111

Praise the LORD!

**I thank the LORD with all my heart
in the company of those who do right, in
the congregation.**

The works of the LORD are magnificent;
they are treasured by all who desire them.

God's deeds are majestic and glorious.

God's righteousness stands forever.

God is famous for his wondrous works.

The LORD is full of mercy and compassion.

God gives food to those who honor him.

God remembers his covenant forever.

God proclaimed his powerful deeds to his people
and gave them what had belonged to other nations.

God's handiwork is honesty and justice;

**all God's rules are trustworthy—
they are established always and forever:
they are fulfilled with truth and right doing.**

God sent redemption for his people;

God commanded that his covenant last forever.

Holy and awesome is God's name!

Fear of the LORD is where wisdom begins;

sure knowledge is for all who keep God's laws.

God's praise lasts forever!

Second Reading: 1 Corinthians 8.1-13

Now concerning meat that has been sacrificed to a false god: We know that we all have knowledge. Knowledge makes people arrogant, but love builds people up. If anyone thinks they know something, they don't yet know as much as they should know. But if someone loves God, then they are known by God.

So concerning the actual food involved in these sacrifices to false gods, we know that a false god isn't anything in this world, and that there is no God except for the one God. Granted, there are so-called "gods," in heaven and on the earth, as there are many gods and many lords. However, for us believers,

There is one God the Father.

All things come from him, and we belong to him.

And there is one Lord Jesus Christ.

All things exist through him, and we live through him.

But not everybody knows this. Some are eating this food as though it really is food sacrificed to a real idol, because they were used to idol worship until now. Their conscience is weak because it has been damaged. Food won't bring us close to God. We're not missing out if we don't eat, and we don't have any advantage if we do eat. But watch out or else this freedom of yours might be a problem for those who are weak. Suppose someone sees you (the person who has knowledge) eating in an idol's temple. Won't the person with a weak conscience be encouraged to eat the meat sacrificed to false gods? The weak brother or sister for whom Christ died is destroyed by your knowledge. You sin against Christ if you sin against your brothers and sisters and hurt their weak consciences this way. This is why, if food causes the downfall of my brother or sister, I won't eat meat ever again, or else I may cause my brother or sister to fall.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Gospel Reading: Mark 1.21-28

Reader: The holy gospel is written in the 1st chapter of the Gospel according to Mark beginning in the 21st verse.

People: **Glory be to thee, O' Lord**

Jesus and his followers went into Capernaum. Immediately on the Sabbath Jesus entered the synagogue and started teaching. The people were amazed by his teaching, for he was teaching them with authority, not like the legal experts. Suddenly, there in the synagogue, a person with an evil spirit screamed, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are. You are the holy one from God."

Silence!" Jesus said, speaking harshly to the demon. "Come out of him!" The unclean spirit shook him and screamed, then it came out.

Everyone was shaken and questioned among themselves, "What's this? A new teaching with authority! He even commands unclean spirits and they obey him!" Right away the news about him spread throughout the entire region of Galilee.

Reader: The Gospel of Christ

People: **Praise be to thee, O Christ**

The Creed *pg. 71*

Sermon by The Reverend Richard Stetson

The Offertory Sentence:

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Offertory Prayer *pg. 74*

Prayers of the People

Bidding Prayer *pg. 76*

Comfortable Words

Thanksgiving and Consecration *pg. 78-83*

Peace *pg. 83*

Prayer of Humble Access *pg. 83*

The Lord's Prayer *pg. 85*

Prayer after Communion

Source of all goodness,

in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord. Amen.

Blessing

The blessing of the Trinity...

The Blessing of God

who is in this place and every place;

The blessing of Jesus

who is among us, often unrecognized;

The blessing of the Holy Spirit

encouraging us to welcome, and to feel at home;

...be with us all.

As we greet each other, sharing this place and time, may our life in community reflect the dance of the Trinity by which the world is blessed.

Amen!

Announcements

***The flowers on the altar are from Marion Rogers In memory
of Donna Haley
January Outreach The Holy Roller***



HOLY TRINITY
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Presider	The Reverend Richard Stetson
Sidespeople	Jan Horner
Reader	Lorea Tomsin
Prayers	Susan Rand
Bells	Mike Morgan
Counter	Lorne Seier/Pat Dowdall
Chalice	Sandra Cubbon

Incumbent: The Reverend Denise Doerksen

Pastoral Emergencies: 250-818-6190

Wardens: Debra Drury & Penny Donaldson

NOTICES/UPCOMING EVENTS

The Grief and Loss Circle: Meets every Friday in the church hall at 12:00pm. If you can help, please contact Thea Dickson.

Spiritual Quietness in the Little Brown Church January 31, 2023 5-6pm

Don't forget to pick up your envelopes at the back of the church.

The Reverend Denise will return from holidays on Feb 3rd. Contact the wardens for Pastoral emergencies.

PRAYERS OF THE PEOPLE

In our Anglican Communion	The Anglican Church of South Africa
In our Diocese	Anna, our Bishop, Church of the Advent Colwood
In our Region of Western, Peninsula & Gulf Islands	Holy Trinity Sooke
In our Parish	Denise, our Priest, Robert Todd, Lorea Tomsin, Eileen Trevis, David & Thirelle Trottier
Our Monthly Outreach	The Holy Roller Van

PATH OF THE HEART

A Labyrinth Workshop

presented by

Rev. Gyllian Davies

Veriditas Certified Labyrinth Facilitator

In the DEEP PEACE of the LABYRINTH
... reconnect with THE SACRED
...reclaim SPACIOUSNESS
...return to your own SACRED CENTRE

When: Wed. Feb 14th 1:00 - 4:00pm

**Where: Holy Trinity Anglican Church
1319 Mills Rd, N Saanich**

Cost: \$50

Who: Everyone Welcome!

LIMITED SPACE – REGISTER EARLY

Pre-registration required

**Pre-register at church office
in person or by phone 250-656-3223**



Hello!

Are you new to our community?

Have you recently moved?

If yes to one or both questions please consider filling in this little form, and then tearing it off the bulletin to place in the offering basket today.

Name(s) _____

Address _____

Phone(s) _____

I would love to connect with you and welcome you to our community and/or your new home.

Warmest regards,
Rev. Denise